

NJ/EPA-TRA Spring Workshop March 10, 2023 Kean University Hynes Hall

Spring Workshop Session	Time of session
Registration and breakfast and greetings	8:30-9:00 A.M.
Master the Mind Body Connection: FUNctional Application of Neurology and Yoga for Health Care Professionals (Part 1: Movement/Asana) Melissa Mroz	9:00-10:30 A.M. Part 1 (Must attend parts 1 and 2 of this workshop to earn CEU's)
Manipulating Clay for Maximum Therapy Lisa Hartensveld	9:00-10:30 A.M. (.15 CEU's) (25 participants- sign up on registration site)
Community Reintegration for individuals with Acquired Brain Injury a comprehensive approach Eryn Sinclair, Cheryl Dougherty	9-10:30 A.M. (.15 CEU's)
Master the Mind Body Connection: FUNctional Application of Neurology and Yoga for Health Care Professionals Part 2: Breath/Pranayama) Melissa Mroz	10:45 A.M.-12:15 P.M. (Must attend parts 1 and 2 of this workshop to earn CEU's)
Recreational Therapy in the Treatment of Gambling Disorder Veronica Spinden	10:45 A.M.-12:15 P.M.
Behaviors and the DD population – Recreation Therapy's Role for a Safe Environment Shannon Hanrahan	10:45 A.M.-12:15 P.M.
Lunch, NJ/EPA-TRA Updates, Kean Welcome	12:30-1:30 P.M.
Group Games for Team Building and Reconnection in Long-Term Care Lacey Speert, Monica Story, Melissa Way	1:45-3:15 P.M.
Love your Brain Yoga an interdisciplinary multi domain approach Session Description: This course will allow the CTRS to learn about the history of love your brain yoga, developing and facilitating an interdisciplinary program within your facility Eryn Sinclair	1:45-3:15 P.M.

CEU's pending approval, .6 CEU's offered for this event